



My Top Five Latest Skincare Faves

Since I started doing my YouTube videos (click here to subscribe!) many readers have been asking me about my skincare regimen, and my favorite product picks.

The **Intraceuticals** Oxygen Facial. It is billed as “the Hollywood secret,” used by celebrities, dermatologists and fancy schmantz spas all over the globe. Beloved by a who’s who of celebs including Madonna, Naomi Campbell, John Galliano, and Justin Timberlake (who offers the enlightening quote, “It makes my skin look dope.” Thank you, Justin).

I was lucky enough to receive an **Intraceuticals** facial here in Chicago at the gorgeous mySpa at the Fairmont Chicago. I didn’t know what I was in for. The **Intraceuticals** facial is truly like no facial I’ve ever had before. I had the **Intraceuticals Opulence Infusion** – a light pressure spray of oxygen and serum is applied to your face at very close range. The serum contains Hyaluronic acid, which makes for instantaneous plumping, and visually apparent results. In the same week, I had the enzyme chemical peel done at Eshe Day Spa , and later that week I was invited to receive the **Intraceuticals** facial. As luck would have it – the **Intraceuticals** facial can increase the results of



previous skin treatments. So not only did I see instantaneous results after my facial — I swear to you, for the next month or so, my skin was enviably gorgeous and clear. Like, people randomly complimenting my skin on the street, gorgeous. No WONDER Madonna’s into this stuff! For pricing and other information, click here to find an **Intraceuticals** clinic near you. And please – yet another disclaimer – see a dermatologist if you’ve got ongoing and troubling skincare issues. I’m not a doctor, all I can speak to is MY results with this particular treatment.

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