

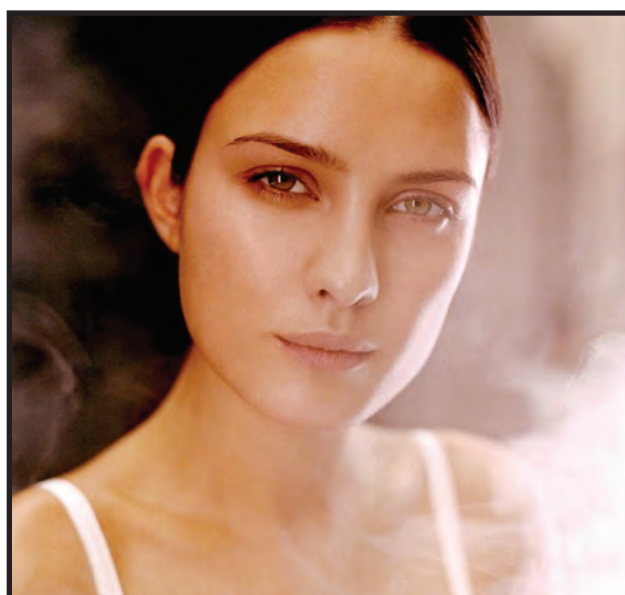
WINTER SKIN FIXERS

At this time of the year, we all feel in need of a beauty boost to make us look and feel better. Here, our leading skin and spa experts share their best tips, tricks and product suggestions for beating those January beauty blues...

TREAT YOURSELF TO A HIGH-TECH FACIAL

Whenever skin expert Michelle Peck feels her skin is in desperate need of a pick-me-up, she treats herself to a high-tech oxygen facial.

'First I give myself a mild glycolic peel, for its wonderful exfoliating and resurfacing qualities, which really brightens my skin,' says the facialist, whose clients include Madonna and Mary Kate and Ashley Olsen.



Our experts share their best tips, tricks and product suggestions to beat those January beauty blues

'Directly following that, I have the **Intra**ceuticals Rejuvenate Infusion, which leaves my skin lifted, tightened, minimises my fine lines and leaves my skin silk-smooth and glowing.' The treatment, where oxygen and hyaluronic acid are delivered deep into the skin, under light pressure without using a needle, gives instant results and is a hit with Hollywood's finest, including Eva Longoria.

TRY: **Intraceuticals Rejuvenate Infusion (from £125 for a 60-minute treatment, renewmedica.com; 08006 440264).**