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◀ Back to E! - Party Girl home

- Main Page
- Party Pics
- Message Boards
- Podcast
- About Party Girl
- Ask Me

- CATEGORIES**
- Featured Fetes
 - Tips & Dips
 - Party Trends a-Go-Go
 - Recognize the Reveler?

Skinsational: Postparty Face Fixes

Categories: [tips&dips](#)



As much as I hate to admit it, there are some drawbacks to being a party girl. The biggest for me are lack of sleep and dehydration. Big deal, you might say. Take an Ambien, and chug a bottle of SmartWater. Sure, that could make you feel better after a colossal carousal, but if you party as much as [Lindsay Lohan](#), over time your skin will show the consequences of a few too many late nights.

To avoid becoming a wrinkled mess, stars use every means at their disposal. Some celebs, like [Molly Sims](#) and [Gwyneth Paltrow](#), turn to [Michelle Peck](#) to get oxygenated. Through her [O2 Intra²ceuticals facials](#), Peck infuses hyaluronic acid into the skin for instant and long-term rejuvenation. [Madonna](#) liked the treatment so much she hired Peck as her personal facialist!



Good Skin: Made in the Shade

Oxygen facials have become extremely popular and are now offered at salons worldwide. If you can't find one or don't want to invest in your own machine like the Material Mom, Peck says the next best thing is to shade yourself from the sun. "M's a perfect example of what staying out of the sun can do for you," Peck tells me after making my skin glow with a 30-minute face treatment. "Her skin is flawless, and it's a direct result [of the fact that] she doesn't do sun."