

## ELIZABETH HANSEN

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*Specializing in Authentic Luxury Travel*

### Travel: Staying Healthy on the Road

*Advice from a travel writer on feeling great away from home.*

#### Naomi Campbell's Travel Secret

#### What do you have in common with Madonna and Naomi Campbell?

Dry skin.

In fact, all travelers suffer dehydration when flying - it's just that most of us aren't going in front of a high-definition camera shortly after the plane lands.

The good news is that you and I can take advantage of the same solution as the superstars - and that solution is [Intraceuticals](#) facial hydration system. Madonna and Naomi Campbell are just two of the many A-listers who swear by this process, which was developed in Australia.

I enjoyed a one-hour treatment last week and noticed a marked improvement in my skin - and I hadn't even been traveling. If I had just disembarked with shriveled skin after a long flight, the before-and-after contrast would have been even more dramatic.

The next time I leave town, I plan to check the [Intraceuticals](#) website and locate a spa at my destination that offers this procedure. For a clinic location search box click [here](#).

They're so good I think they could turn raisins back into grapes.

Photo courtesy Intraceuticals.



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