

**intra**ceuticals  
it's in the skin

JUNE 2011 £3.70

# EASY Living



*Jennifer*  
**ANISTON**  
sets the record straight

**Wake up smiling!**  
**FEEL HAPPIER, CALMER, FITTER RIGHT NOW**

**FASHION**  
**FOUND!**  
SUMMER'S MOST IRRESISTIBLE SHOES

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Save money in minutes  
You'll be amazed how

**IN DEPTH**  
The nice girl's guide

Beauty

## Skin-transforming SERUMS

Promising fast results, serums are the skincare breakthrough of recent years. We help you find one to suit you

BY CATHERINE TURNER PHOTOGRAPH BENOIT AUDURCAU

41 things that will make you laugh • weekend breaks that are relaxing and chic • Secrets of red-carpet hair

### BEST FOR A YOUTH BOOST

IntraCeuticals Rejuvenate Daily Serum, £192.95, contains a barrage of anti-ageing ingredients, including vitamin A to improve radiance, hyaluronic acid and panthenol to smooth, and antioxidants such as green tea to protect skin from daily exposure to UV and pollutants.



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