



Skincare for the Hot Summer Months

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When it's hot, sticky, and humid, slathering on heavy creams is the last thing you want to do. Here are a few things you can use to get skin that's clear and cool when the temperature rises ...



[IntraCeuticals](#) Clarity Treatment Gel

Heavy acne treatment creams can clump under makeup, especially when layered with sunscreens. I love the lightweight Clarity Gel from [IntraCeuticals](#). It's an advanced formulation that calms redness and inflammation while creating an environment on the skin that's free of bacteria and irritation ... without causing the usual peeling and redness that can make skin look even worse.

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