

intraceuticals
it's in the skin

Spa Secrets

AUTUMN
2011
£3.75

the rules

ETIQUETTE TIPS FOR
YOUR SPA VISIT

GET TECHNICAL

*The latest beauty
secrets revealed*

BEVERLEY KNIGHT

TALKS ABOUT HER
NEW ALBUM &
PLANS TO CONQUER
THE STATES

SPA AND THE CITY

WIN!
**A SPA BREAK TO
MARRAKECH**

AN EXCITING TRIP
FOR TWO PLUS
A RANGE OF SPA
TREATMENTS

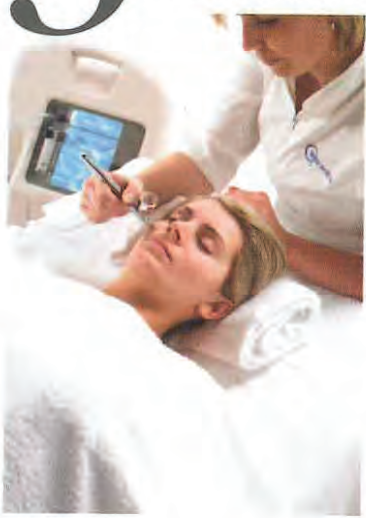
Alternative therapies

TRY SOMETHING
DIFFERENT,
FROM WATSU
TO CANDLE
MASSAGE

ALSO: SPA REVIEWS,
HAIR & MAKE-UP TIPS &
HEALTHY EATING IDEAS



3 INTRACEUTICALS INFUSIONS FACIAL RENEW MEDICA, KNIGHTSBRIDGE



Designed to hydrate skin by infusing serums, this new facial combines pressure and oxygen to deliver instantly fresher, firmer skin. While not the most relaxing experience — the implement used is similar to a dentist's noisy suction device — the results are undeniable. From £125 for 60 minutes. **JG**
www.intracuticals.com

UK, September 2011