

intraceuticals

it's in the skin

THE W&H POWER LIST 2011

woman&home

NOVEMBER 2011 £3.70

Get back to
FABULOUS!
SKIN SECRETS
that turn back time

REAL ME
JOANNA LUMLEY

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& breaking the rules

THE NEW
SUPERFOOD
DIET

Lose weight
Boost energy,
mood, sex &
brainpower

WINTER
WELLBEING
UPGRADE

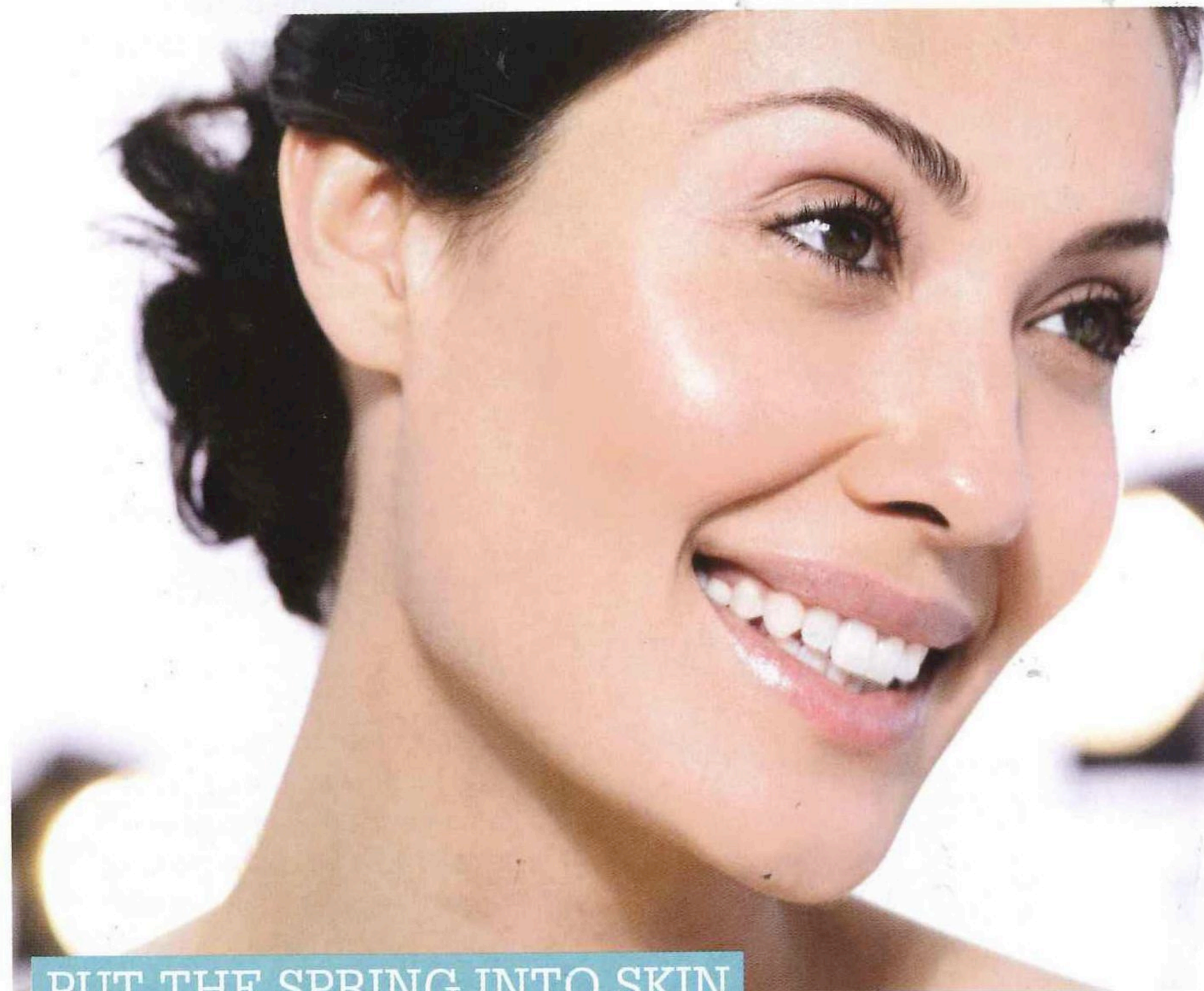
6 STEPS to
better immunity

The truth about
DATING
AFTER 40

w&h
DEALS
20%
OFF AT HOBBS
TERMS & CONDITIONS
APPLY

Problem-solving facials

Hands-on skin soothers are fine, but add a little power and you can sort your big skin woes



PUT THE SPRING INTO SKIN

Q My 40+ skin has lost all its spring. It's dehydrated, but even rich creams can't rescue it.

A The new facials aren't just about chasing lines – hydration is the buzzword, and to get it you may need a blast of oxygen!

+ THE ROUTINE It's two-step simple, but so effective. After deep cleansing, skin has vitamin serum diffused over and infused into it using oxygen that's streamed under pressure. "The beauty is that it's not ritualistic – each face gets the time it deserves," says Sharon

Oldham at Renew Medica clinics. "If skin's very dehydrated, a treatment can last 50 minutes, less dry and it could be just 30. It's like drinking water – when you're thirsty you can down lots, if you're not, sips are enough."

+ THE RESULT One tester loved the way it left her complexion moist. "It was like giving my skin the big drink it needed."

+ THE REALITY Not deeply relaxing, it's true, but it's impressive. *Intraceuticals Rejuvenate Infusion at Renew Medica clinics costs £125 for 60 minutes, renewmedica.com, or visit intraceuticals.co.uk.*



UK, November 2011

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