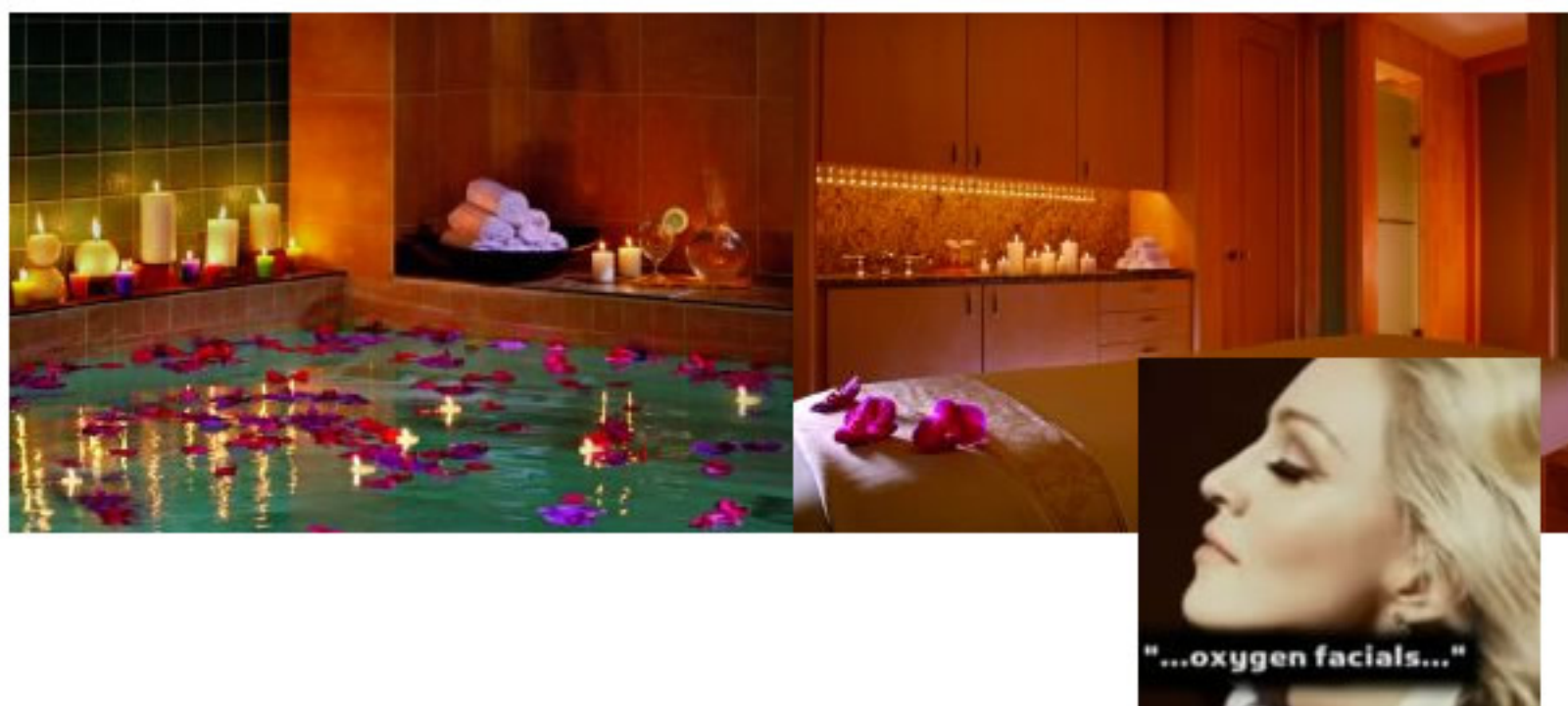


Beauty Snob

Intracutaneous Facial at the Ritz Carlton Spa

By Beauty Snob Tina on April 14, 2009 12:00 PM | [2 Comments](#)



What do Madonna, Molly Sims, Eva Longoria, Justin Timberlake and Beauty Snob have in common? No no no, we don't all love dancing on tables (though I can not speak for Madonna)-- we are all obsessed with Intracutaneous facials!

I am not one to pass up a new experience so I booked the Intracutaneous facial at The Ritz Carlton spa in Dallas last week. I love the Ritz, my friends, hubby and I often dine at Fearing's and we love sitting outside in the summer time. It's the only place in Dallas that makes me feel as if I were back in LA. I was given the royal treatment upon arrival (all guests at the Ritz Spa there are pampered to the max)-- after changing, I took a few minutes in the quiet room-- I am obsessed with that room! There are twin sized beds in there with sheer fabric between each one so you can still chat with a friend or just take a quick nap. I didn't have time to nap as the Intracutaneous skin technician (Katherine Park-- who has amazing velvety skin) came to fetch me at 11am sharp. I was a bit skeptical of the hype at first, I mean how good can an oxygen facial be? How about looking like you sleep for 12 hours a night even after a long Easter weekend of sugar and champagne?!?!? The crazy thing is, my skin continued to glow long after the treatment! (jump for more!)

During the facial she explained why the Intracutaneous facial works-- your skin is like firm jello when you're a baby and as you age, it becomes powder jello-- Intracutaneous pushes nutrients into your skin below the epidermis so that it can plump up into firm jello again. You know how quickly a crease bounces back on a baby's skin after a nap? But sleep the wrong way yourself and sometimes it takes all day for that crease on your face to go away! You can cut off as much skin via facelift as you want but if your skin is not healthy, you're just tightening "sick" skin!

She used a wand that pushed the 'cocktail' of vitamins and nutrients into my skin and a technique called "hydroplaning"-- an exfoliating process. It simultaneously infuses moisture, vitamins and anti-oxidants into the skin via cooling, calming topical hyperbaric oxygen. The result is miraculous! If I didn't see it with my own eyes I wouldn't have believed it! She did my left side first and it was visibly firmer than the right side-- I love instant gratification! After 24 hours my skin got more luminous and plump. It's been four days now and I have to say, one of the best facials I've ever received.

For optimal results, schedule 6 weekly sessions followed by a session every 4-6 weeks for maintenance. Madonna has 3 of these machines at each of her homes so she can be rejuvenated when she wants a lift! Book an appointment at The Dallas Ritz Carlton spa near you immediately! If you're getting married or have a big event coming up-- I highly recommend one of these miracle facials! Intracutaneous site here.

The Ritz-Carlton Spa, Dallas, is the only spa in Dallas to offer the revolutionary Intracutaneous Topical Hyperbaric Oxygen Infusion treatment, heralded by top beauty and fashion magazines and used by high-profile celebrities to achieve instantly luminous and hydrated skin. Intracutaneous Oxygen Infusion™ uses therapeutic-grade topical oxygen to help uniquely formulated serums penetrate the epidermis, reaching fundamental layers and assisting tissue with its natural rejuvenation process -- from the inside out. The treatments are widely used in medical esthetics, not only as an adjunct to cosmetic laser and surgical procedures, but also to visibly improve the appearance of common skin conditions such as acne, rosacea, prematurely aging and severely dry skin. The process stimulates cell renewal, strengthens collagen and elastin fibers, and acts as a delivery system for the included treatment serums, which can include such active ingredients such as anti-oxidants, amino-peptides and nano-hydrators. Suitable for all skin types, the super-hydrating serums provide results that are instant but that can continue to improve for a full 24 hours.