

# Looking good: What's current and cool on the Dallas Beauty Scene

Friday, January 4, 2008

By TRACY ACHOR HAYES



Ritz-Carlton  
The Ritz-Carlton, Dallas spa  
JUST SAY SPA

Though Dallas has no dearth of spa options, three new arrivals each offer something special.

At the Ritz-Carlton Dallas, a sense of well-being enfolds you like a fluffy robe the moment you step off the elevator and into the second-floor spa, 12,000 square feet of world-class stress relief. Only-in-Dallas options include the Texas Eight-Hand Massage and Dean's (as in Fearing) Margarita Salt Glow. But the ayurveda-inspired Shirodhara Journey, in which a continuous stream of warmed sesame oil flows onto your forehead and into your hair, transports you much, much farther, just this side of nirvana. We also couldn't resist an Intraceuticals Oxygen Infusion treatment, which the technician explained pumps vitamins, low-weight hyaluronic acid and antioxidants into the skin via "topical hyperbaric oxygen technology." The midsession reveal — treated side rosy, plump and lifted; untreated side not so much — instantly explained why Madonna has a system in each of her three homes and gets a 30-minute infusion before each performance.

The Ritz-Carlton, Dallas Spa, 2121 McKinney Ave., 214-922-0200